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Pinnacle Place
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SEPTEMBER 2011

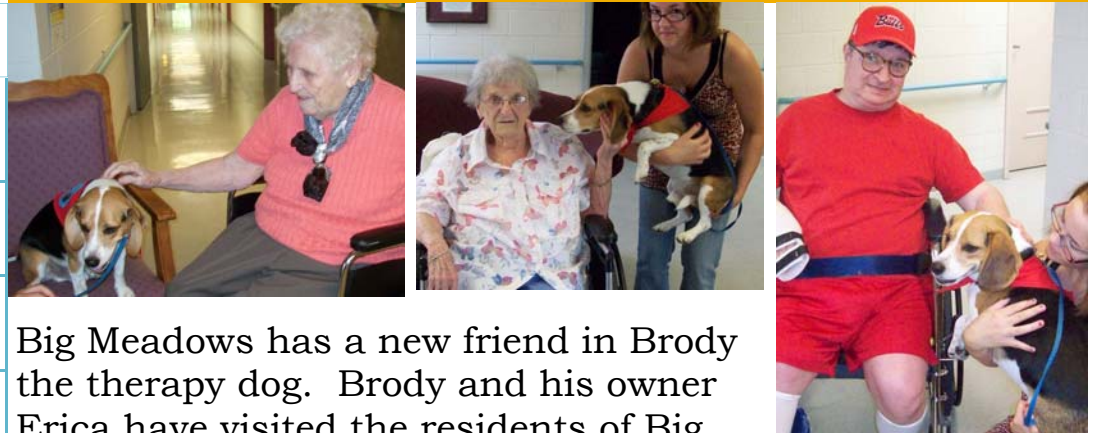


Savanna's River City Reader

A joint publication of Big Meadows and Pinnacle Place

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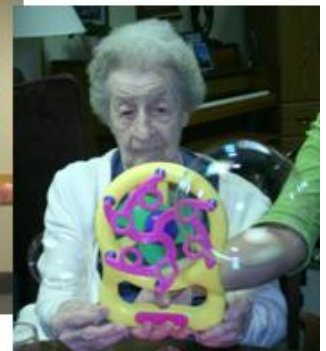
Big Meadows has a new friend in Brody the therapy dog. Brody and his owner Erica have visited the residents of Big Meadows where Brody brings smiles to faces of all. Brody went away to school to have special training and is a certified therapy dog.



Bubble Fun

Big Meadows:

Please note on the announcements page the different day for the Community Coffee. It will be held September 21, the **third** Wednesday of the month, **not** the second.



The tenants had fun at the Bubble Bash Social held in August. We giggled as we tried to blow bubbles the old fashioned way, with the bubble machine and enjoyed a glass of bubbly. Pictured left to right: Velma Kreuder, Bob Hartman, and Ruth Sturtevant-concentrating on producing the largest bubble!

Big Meadows Highlights



Watermelon Social



On Wednesday, August 3, National Watermelon Day, residents of Big Meadows enjoyed a watermelon social. Pictured above left to right are: PJ Broderick, Betty Flammang, Ray Cooper, Sarah from Mercy Hospice with Bernadine Riebel, Artie Branson, and Inez Barr.

Beach Week

During the first week of August residents of Big Meadows got in the summer spirit by having a beach themed week. A special arts and crafts time was held where residents decorated visors with beach themed items. A beach themed meal was served with submarine sandwiches, under the sea salad, and sand dessert. A social was held where residents wore the visors they had made, sipped on tropical drinks and played beach trivia, pictures to the right. Beach bingo was held with residents receiving beach themed beanie babies as prizes.



Big Meadows Announcements

Grandparents Day is September 11. In celebration of this day Big Meadows will be having an ice cream social at 1 p.m. Sunday, September 11. We encourage anyone who has a grandparent or great grandparent at Big Meadows to attend.



The Grand Square Dancers will be back at Big Meadows to perform on September 15 at 6 p.m. Everyone is invited to attend. Be sure to tell your friends and family about it.



~Homecoming Week~

Big Meadows will be celebrating West Carroll Homecoming Week September 18-24. On September 21, our Community Coffee will be held to show our West Carroll Spirit; we may even have a few special guests attend. Our King and Queen crowning will be held on September 21 in the dining room at 2 p.m. Residents will be riding in the Homecoming Parade on September 22. Big Meadows' staff and residents will be honoring the same dress up days that the students choose and many other events are planned.



Save the Date

Big Meadows will be hosting their first "Fall Festival" on Saturday, October 22 from 11-3 p.m. Mark it on your calendar and look for more details to come.

Please Welcome to Big Meadows:

- ~ Catherine Stasch
- ~ Betty McCue
- ~ Randy Shaw

September Birthdays

Staff:

- | | |
|---------------------|---------------------|
| 10 Rebecca Wiebenga | 23 Tommy Losch |
| 24 Cheryl Phialmlee | 27 Patricia Whitmer |

*No resident birthdays for September!

The next caregiver support group will be Thursday, September 29 at noon in the Chapel. A complimentary lunch will be provided. For more information contact Julie Johnson, Social Services, by calling 815.273.2238.

Sun

Mon

Tue

Wed














Thu

Fri

Sat

September 2011

Big Meadows Activity Calendar

4 C 2:00 Church Service	5 L 11:00 Today In History D 2:00 Bingo Labor Day	6 C 10:00 Rotary A 10:30 Exercise L 11:00 Trivia A 2:00 Movie L 4:00 Today In History L 5:00 Old Time TV and Popcorn A 6:00 Ship, Captain, and Crew	7 A 9:30 Beat That Dice A 10:30 Exercise L 11:00 Trivia A 1:30 Chair Dancing A 2:00 Surprise Game L 4:00 Today In History A 6:00 Pig Dice 	8 A 9:30 Bottle Dice A 10:30 Exercise 11:00 Picnic L 11:00 Trivia A 1:30 Chair Dancing A 2:00 Movie L 4:00 Today In History A 6:00 Card Bingo 	9 9:00 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo C 3:00 Red Bird Country L 4:00 Story Time	10 A 10:30 Exercise L 11:00 Today In History A 1:30 Advance To Boardwalk A 2:00 Movie Time
11 D 1:00 Ice Cream Social In Honor of Grandparents Day C 2:00 Church Service (Linda Parks)	12 9:00 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Leisure Interest and Outing Committee L 4:00 Story Time	13 C 10:00 Rotary A 10:30 Exercise L 11:00 Trivia A 1:30 Chair Dancing D 2:00 Banana Split Social to Honor Housekeeping Staff 3:00 Big Meadows Shopping L 4:00 Today In History A 6:00 Worst Case Scenario 	14 A 9:30 Dice Roll A 10:30 Exercise 11:00 Brother's D 2:00 Birthday Party w/ Nicky J L 4:00 Today In History A 6:00 Resident Choice 	15 A 9:30 Dice A 10:30 Exercise L 11:00 Trivia A 1:30 Chair Dancing A 2:00 Skunk Dice 2:00 Scenic Ride Lock and Barn 13 and Ice Cream L 4:00 Today In History D 6:00 Square Dancers 	16 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Food Advisory L 4:00 Story Time	17 A 10:30 Exercise L 11:00 Dinner Music A 1:30 Wii A 2:00 Movie Time
18 C 2:00 Church Service (Bette Wey) A 3:00 1, 2, 3 Cards L 4:00 Today In History	19 9:00 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Outing Sign Up L 4:00 Story Time	20 C 10:00 Rotary A 10:30 Exercise L 11:00 Trivia C 12:00 KFC Order In A 1:30 Chair Dancing A 2:00 Kismet L 4:00 Today In History L 5:00 Old Time TV and Popcorn A 6:00 Dice	21 D 9:30 Community Coffee WCHS Spirit A 10:30 Exercise L 11:00 Trivia 11:00 Sabula Cab D 2:00 King and Queen Crowning L 4:00 Today In History A 6:00 Youth Group Visit 	22 9:40 Scenic Ride A 10:30 Exercise L 11:00 Trivia 11:00 Sunrise A 2:00 Movie L 4:00 Today In History 5:30 Homescoming Parade 	23 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo L 4:00 Story Time 	24 A 10:30 Exercise L 11:00 Today In History A 1:30 Yaltzee A 2:00 Movie Time
25 C 2:00 Church Service A 3:00 Help Your Neighbor L 4:00 Today In History	26 9:00 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Resident Council L 4:00 Story Time 	27 C 10:00 Rotary A 10:30 Exercise L 11:00 Trivia C 12:00 Subway Order In A 1:30 Chair Dancing A 2:00 Fable 3:00 Big Meadows Shopping L 4:00 Today In History A 6:00 Don't Go To Jail	28 9:00 Spa Visits A 10:30 Exercise 11:00 Country Kettle L 11:00 Trivia A 1:30 Chair Dancing A 2:00 Craft Time 2:00 Scenic Ride Army Depot and Ice Cream L 4:00 Today In History A 6:00 Bowling Dice 	29 A 9:30 Pig Dice A 10:30 Exercise L 11:00 Trivia 11:00 Pizza Ranch L 11:00 Trivia A 2:00 Bible Study L 4:00 Today In History A 6:00 Cooking Class 	30 9:00 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo L 4:00 Story Time First Day of Autumn 	

Pinnacle Place Announcements

Wellness Program

Sandi Harper, Pinnacle Place Wellness Nurse will be presenting a program on Safety for Seniors on September 19th at 2:30 p.m. in the gathering room. Tenants, families and friends are welcome to join us for this presentation.



Gene Houzenga, Maintenance will be retiring at the end of September. We will have a Retirement Social for Gene in the Gathering Room. Date and time to be announced.

12 Ways Grandparents Show Their Love for Grandchildren

- G-greeting them with smiles and hugs
- R-ready to offer a kind word
- A-always cheering them on
- N-never doubting their abilities
- D-doing as much for them as they can
- P-providing wisdom and guidance
- A-accepting them for who they are
- R-reassuring them and bringing comfort
- E-expecting the best of them
- N-noticing their special talents
- T-taking time to play and laugh
- S-supporting them in all they do!



Brodie
Savanna's
Therapy
Dog



Pictured above with Brodie, starting at top right: 1 Bill Wacker & Audrey Struckman. 2 Ericka (owner). 3 Bob Hartman, Shorty Kosher, JoEllen McCaskey & Ericka. 4 Bob Hartman. 5 Eileen Schreiner & Ericka

Happy Birthday To Staff

- Aurora Blais, C.N.A. 8/9
- Charlene O'Neill, Cook 8/26
- Susan Assmus, Cook 9/1
- Kathy Gengenbach 9/3

PINNACLE PLACE SUPPORTIVE LIVING FACILITY
CARE * COMPASSION * COMFORT * COST



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Pinnacle Place Supportive Living Facility September 2011 Social Calendar						
4 2:30 Checkers 	5 10:30 Exercise 5:15 Bingo Labor Day	6 10:30 Exercise 2:30 Cards	7 9:00 Shop 10:30 Exercise 2:30 Scrabble	8 10:00 Bible Study 2:30 Collections (Bring an item to show the group)	9 10:30 Tai Chi 2:30 Cards 	10 5:15 Movie & Popcorn
11 2:30 Ice Tea & Lemonade Social-Gazebo Grandparent's Day	12 10:30 Exercise 5:15 Bingo	13 9:45 Fruits & Veggies 10:30 Exercise 2:30 Cards	14 10:30 Exercise 2:30 Bowling Wii with Shorty 	15 10:00 Bible Study 2:30 Are You Smarter Than a 5th Grader?	16 10:30 Tai Chi 2:30 Cards	17 5:15 Movie & Popcorn
18 2:30 Spinner 	19 10:30 Exercise 2:30 Wellness Program 5:15 Bingo	20 9:00 Shop 10:30 Exercise 1:00 Scenic Ride 2:30 Cards	21 10:30 Exercise 2:30 Tenant Choice 	22 10:00 Bible Study 2:30 Teddy Bear Social	23 10:30 Tai Chi 2:30 Cards Autumn Begins 	24 5:15 Movie & Popcorn
25 2:30 UNO	26 10:30 Exercise 1:00 Resident Council 5:15 Bingo	27 9:45 Fruits & Veggies 10:30 Exercise 2:30 Cards	28 10:30 Exercise 2:30 Farkle	29 10:00 Bible Study 2:30 Bowling Dice	30 10:30 Tai Chi 2:30 Cards	

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Pinnacle Place Supportive Living Facility September 2011 Menu

4
Chicken Strips
Ham5
Goulash Soup
Hot Pork
Sandwich6
Cheeseburger
Oven Fried
Chicken Wings7
Tomato Soup &
Grilled Cheese
Sweet & Sour
Chicken8
Veggie Soup &
Ham Sandwich
Teriyaki Beef
Steak9
Hot Dog
Roast Beef10
Chicken Broccoli
Alfredo
Stuffed Zucchini11
Brat
Salisbury Steak12
Minestrone Soup
& Egg Salad
Sloppy Joe13
Soup &
Sandwich
Garlic Chicken14
Hot Ham &
Cheese Roll Ups
Pork Chop w/
mushroom gravy15
Liverwurst
Sandwich
Greek Pasta &
Beef16
Spaghetti
Lemon Pepper
Chicken Breast17
Soup & Chicken
Salad Sandwich
Tater Tot
Casserole18
Hot Dog
Pork Chop &
Sauerkraut19
Pork Tenderloin
Sandwich
Oven Fried
Chicken20
Chef Salad
Beef Enchilada21
Polish Sausage
Roast Pork22
Patty Melt
Salmon23
Chicken Caesar
Salad
Roast Beef24
Goulash
Creamed
Chicken &
Biscuit25
Potato Soup &
Sandwich
Oven Roasted
Chicken Breast26
Hot Beef
Sandwich
Stuffed Peppers27
Tuna Salad
Baked Ham28
Hamburger
Chicken Pot Pie29
Cod
Meatloaf30
Chili Dog
Beef Stroganoff

Breakfast
7:00am-9:00 am
Lunch
11:00am- Noon
Supper
4:30pm-5:30pm

Alternates Available Upon Request.



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Place**
1125 N. 5th Street



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Remembering
9/11...