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November 2011

Savanna's River City Reader

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A joint publication of Big Meadows and Pinnacle Place

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The West Carroll High School's Interact Club presented the residents of Big Meadows with some pumpkins that they painted. The Interact Club is involved with Big Meadows throughout the year by making and sending holiday and birthday cards to the residents.

Reminder:

It's getting colder out, be sure your loved ones have warm clothes, especially if they go on outings.

Pinnacle Place Veterans

Charlie Gilbert

Bob Hartman

Shorty Kosher

Morris Vanderhack



November Birthdays

Residents:

16 Dorothy Yates
21 Gayle Taylor

Staff:

1 Becky Voss
10 Stephanie Willis
20 Sherri Chrest
30 Robyn Diestelmeier

Community Coffee

Our next Community Coffee will be held November 9 at 9:30 a.m. Unity Hospice will be presenting the Five Wishes Program. What is Five Wishes? According to the Aging with Dignity website "Five Wishes" is a national advance directive that meets the legal requirement in Illinois. *Five Wishes* has become America's most popular living will because it is written in everyday language and helps start and structure important conversations about care in times of serious illness. Come out to enjoy some donuts, coffee, juice, and information.



Thanksgiving Dinner

On November 9 at 2:00 p.m. Big Meadows will be honoring all veterans with a WWII presentation by Fred Phillips. Everyone is invited to attend and refreshments will be served.



You're invited to enjoy Thanksgiving Dinner with your loved one. Dinner will be served Thursday, November 24, 2011 at 11:30 a.m. in the main dining room. *Please RSVP by November 18 with the number of guests that will be attending. Up to 4 guests per resident please.* The menu will include: turkey, dressing, mashed potatoes & gravy, scalloped corn, cranberry sauce, dinner roll, and pumpkin pie.



The residents of Big Meadows will be decorating for Christmas on November 30 at 2:00 p.m. Everyone is invited to come out and join in the fun, enjoy some festive treats and listen to some holiday music.

Big Meadows will be participating in Savanna's Festival of Trees this year. Residents will be busy during November making decorations for the tree. It will be on display from December 3-11 in the Community Room of the Savanna Museum and Cultural Center at 406 Main Street. Be sure to stop by and see our tree and remember to vote for the "People's Choice" award.



Big Meadows Highlights



Sweetest Day Lunch



On Friday, October 14 three of our couples at Big Meadows enjoyed a Sweetest Day lunch. Becky Voss, activity aide, prepared the meal. They enjoyed beef stew, homemade biscuits, cranberry jello salad and angel food parfait. Pictured above left are Robert & Jackie Walker, right; Earl & Helen Klippert and directly to the left Teresa & Everette Poore.

Fall Festival



On Saturday, October 22nd Big Meadows held their first Fall Festival from 11-3 p.m. We had 12 vendors set-up throughout the facility. Big Meadows Resident Council had a bake sale, Inez Barr sat at their table and sold the items. Pictured top left is some yard art made by Dalene Skimhorn, top right and bottom right are the decorations that Big Meadows employees created and bottom left is the vendor table from Land of Oz Craft Mall. For our first festival we had a good turn out and we are looking forward to having another one next year.

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>6 1:00 WCHS Fall Play</p>  <p><i>Daylight Savings Ends Turn Your Clocks Back</i></p>		<p>1 C 10:00 Rosary A 10:30 Exercise L 11:00 Inventions A 2:00 Turkey Dice 3:40 Shopping (have list turned in) L 4:00 Today In History A 6:00 Thanksgiving Scrabble</p>	<p>2 A 9:30 Dice Roll A 10:30 Exercise C 12:30 Spa Time w/MyKay A 1:30 Chair Dancing A 2:00 Fiddle L 4:00 Today In History A 6:00 Bowling Dice</p>	<p>3 A 9:30 Beetle Dice A 10:30 Exercise C 12:40 Subway Order In A 2:00 Sandwich Dice 3:00-4:00 1:1 Visits L 4:00 Today In History A 6:00 Movie Time</p>  <p>Sandwich Day</p>	<p>4 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Fig Newton Social In Honor of National Fig Week</p>	<p>5 A 10:30 Exercise L 11:00 Today In History A 1:00 Resident Choice A 2:00 Movie Time</p>
<p>7 9:30 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Leisure Interest and Outing Committee</p>	<p>8 C 10:00 Rosary A 10:30 Exercise L 11:00 Trivia D 2:00 Baby Shower for Frinity L 4:00 Today In History A 6:00 Help Your Neighbor</p>	<p>9 D 9:30 Community Coffee w/ Unity A 10:30 Exercise A 1:30 Chair Dancing 12:45 WC Veteran's Day Program A 2:00 Turkey Dice 3:00-4:00 1:1 Visits L 4:00 Today In History A 6:00 Peanut Butter Lover's Social</p> 	<p>10 A 10:30 Exercise L 11:00 Today In History TBA Savanna Veteran's Day Program D 2:00 Bingo D 3:00 Red Bird Country</p>	<p>11 A 10:30 Exercise L 11:00 Today In History A 1:30 Chair Dancing 12:45 WC Veteran's Day Program A 2:00 Turkey Dice 3:00-4:00 1:1 Visits L 4:00 Today In History A 6:00 Patriotic Sing A Long</p> 	<p>12 A 10:30 Exercise L 11:00 Today In History A 1:00 Wii A 2:00 Movie Time</p>	<p>13 C 2:00 Church Service A 3:00 1, 2, 3 Cards L 4:00 State Capitals</p>
<p>14 9:30 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Teddy Bear Bingo D 2:30 Teddy Bear Social</p>  <p>National Teddy Bear Day</p>	<p>15 C 10:00 Rosary A 10:30 Exercise L 11:00 Trivia C 12:40 KFC Lunch A 2:00 Kismet 3:40 Shopping (have list turned in) L 4:00 Today In History A 6:00 Pokemo</p>	<p>16 8:00 Men's Breakfast A 9:30 Dice Roll A 10:30 Exercise 11:00 Country Kettle D 2:00 Birthday Party w/Dave Allen L 4:00 Today In History A 6:00 Card Bingo</p> 	<p>17 A 9:30 Arts and Crafts A 10:30 Exercise 11:00 Duty's A 2:00 Skunk Dice 2:40 Ice Cream Outing 3:00-4:00 1:1 Visits L 4:00 Today In History A 6:00 Cooking Class Homemade Bread</p> 	<p>18 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Food Advisory</p>	<p>19 A 10:30 Exercise L 11:00 Today In History A 1:00 Pilgrum Dice A 2:00 Movie Time</p> 	<p>20 C 2:00 Church Service A 3:00 Card Bingo L 4:00 Movie/Stars</p>
<p>21 9:30 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Outing Sign Up</p>	<p>22 C 10:00 Rosary A 10:30 Exercise L 11:00 Trivia C 12:40 Egs in the Blanket Lunch D 1:45 Matrigal Performance A 2:30 Resident Choice L 4:00 Today In History A 6:00 Remember When Thanksgiving and Social</p>	<p>23 9:30 Scenic Ride Lock and Dam 13 C 10:00 Thanksgiving Service A 10:30 Exercise 11:00 Pizza Ranch A 2:00 Turkey Bowling L 4:00 Today In History A 6:00 Turkey Races</p>  <p>Happy Thanksgiving</p>	<p>24 A 9:00 Macy's Parade A 10:30 Exercise</p>	<p>25 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo</p>	<p>26 A 10:30 Exercise L 11:00 Dinner Music A 1:00 Christmas Jewelry A 2:00 Movie Time</p>	<p>27 C 2:00 Church Service A 3:00 Surprise Game L 4:00 Toyland</p>
<p>28 9:30 Spa Visits A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo D 2:30 Resident Council</p>	<p>29 C 10:00 Rosary A 10:30 Exercise L 11:00 Trivia C 12:00 Ezra Party A 2:00 Making Ornaments for Festival of Trees 3:00 Shopping (have list turned in) L 4:00 Today In History A 6:00 Mini Yatzee</p> 	<p>30 A 9:30 Getting Ready for Decorating A 10:30 Exercise 11:00 Brother's D 2:00 Hanging of the Greens (Tree and Hall Decorating) L 4:00 Today In History A 6:00 Symphony of Lights</p> 	<p>24 A 9:00 Macy's Parade A 10:30 Exercise</p>	<p>25 A 10:30 Exercise L 11:00 Today In History D 2:00 Bingo</p>	<p>26 A 10:30 Exercise L 11:00 Dinner Music A 1:00 Christmas Jewelry A 2:00 Movie Time</p>	<p>27 C 2:00 Church Service A 3:00 Surprise Game L 4:00 Toyland</p>

November 2011

Big Meadows Activity Calendar



Pinnacle Place Announcements



Randy Craft, Lanark Police Officer and member of the Carroll County Triad organization spoke with Pinnacle Place tenants on protecting themselves from scams, especially those that target seniors, and the importance of talking to someone if they think they might have given someone information that they shouldn't. Pictured below are some of the attendees: L to R: Bob Hartman, Shorty Koshier, Officer Craft, Velma Kreuder, C.N.A. Linda Smith, Judy Hoffmann, and Bill Wacker.

How many turkey's do you count on the Pinnacle Place Social Calendar?



Happy Birthday
Krista Boop, RN 11/29



November Trivia

















1. How many steps does the guard take on the walk across the Tomb of the Unknown Soldier?
2. The last Thursday in November was proclaimed the National Thanksgiving holiday by whom?
3. The annual Macy's Thanksgiving Day parade tradition began in what decade?
4. Veteran's Day was also known as what?
5. Daylight Savings Time ends on November 6th. Do you turn your clocks 1 hour forward or 1 hour back?



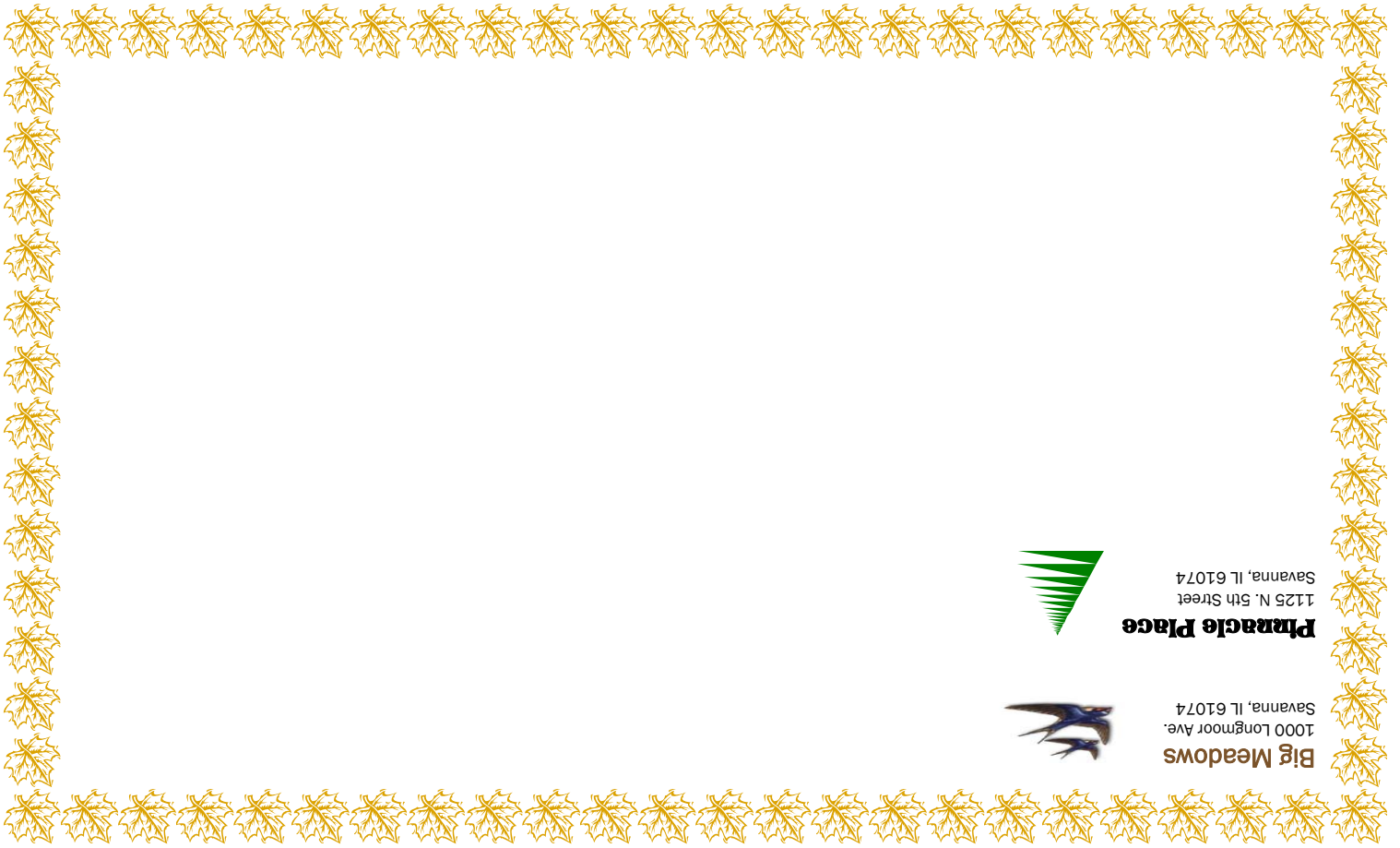
- Answers:
1. 21 steps.
 2. Abraham Lincoln in 1863
 3. 1900s
 4. Armistice Day
 5. Back

PINNACLE PLACE SUPPORTIVE LIVING FACILITY
CARE * COMPASSION * COMFORT * COST



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Social Calendar					
6 2:30 Tenant Choice  Daylight Savings Time Ends	7 9:00 Pet Therapy Visit/ Brodie & Erika 10:30 Exercise 5:15 Bingo	8 10:30 Exercise 2:30 Cards 	9 10:30 Exercise 2:30 Wii Bowling with Shorty 	10 9:00 Shop 10:00 Bible Study 1:00 WCPS Veteran's Program	11 12 10:30 Tai Chi 2:30 Cards Veteran's Day 	12 5:15 Movie & Popcorn 
13 2:30 Farkle 	14 10:30 Exercise 5:15 Bingo 	15 10:30 Exercise 2:30 Cards 	16 10:30 Exercise 2:30 Bowling Dice	17 10:00 Bible Study 2:30 Rummikub	18 10:30 Tai Chi 2:30 Cards 	19 5:15 Movie & Popcorn
20 2:30 Tenant Choice 	21 10:30 Exercise 5:15 Bingo 	22 10:30 Exercise 2:30 Cards	23 9:00 Shop 10:30 Exercise 1:00 Scenic Ride	24 2:30 Tenant Choice 	25 10:30 Tai Chi 2:30 Cards 	26 5:15 Movie & Popcorn 
27 2:30 Magazine Scavenger Hunt 	28 10:30 Exercise 1:00 Resident Council 5:15 Bingo	29 10:30 Exercise 2:30 Cards 	30 10:30 Exercise 2:30 Are you smarter than a 5th grader?	November 2011 Pinnacle Place Supportive Living Facility		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Menu Breakfast 7a-9a Lunch 11a-Noon Supper 4:30p-5:30p	1 French Dip Salmon	2 Hot Chicken Salad Sweet & Sour Pork Chop	3 Pulled Pork Spaghetti & Meatballs	4 Tater Tot Casserole Cornflake Baked Chicken	5 Soup de Jour Porcupine Meatballs
6 Hamburger Roast Pork	7 Fish Sandwich Drumsticks & Wings	8 Hot Ham & Cheese Meatloaf	9 Taco Pollock	10 Veggie Soup & Sandwich BBQ Pork Chop	11 Cheeseburger Chicken & Noodles	12 Spiral Pepperoni Pizza Bake Sweet & Sour Chicken
13 Sloppy Joe Chicken	14 Brat Swiss Steak	15 Enchilada Ham	16 Tomato Soup & Sandwich Roast Beef	17 Ham & Cheese Roll-Up Turkey	18 Chicken Breast BBQ Pork Ribs	19 Baked Beef & Noodles Fish
20 Pizza Roast Beef	21 Italian Wedding Soup Garlic Chicken	22 Hot Dog Lasagna	23 Soup & Sandwich Ham	24 Thanksgiving Dinner Cooks' Choice	25 Beef Noodle Casserole Roast Pork	26 Chicken Noodle Soup Salmon
27 Hamburger Baked Chicken	28 BBQ Pork Stuffed Pepper	29 Fish Sandwich Scalloped Potatoes & Ham	30 Chicken Rice Soup Salisbury Steak	<h1 style="text-align: center;">November 2011</h1> <p style="text-align: center;">Pinnacle Place Supportive Living Facility</p>		



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**Thanksgiving, after all,
Is a word of action.
~ W.J. Cameron**

